



ST. ALOYSIUS' INSTITUTE OF TECHNOLOGY HERITAGE OF EXCELLENCE



DEPARTMENT OF COMMERCE

and MANAGEMENT

Presents

UDAAN

VOL. - 2 ISSUE - 3

JULY 2022

CHIEF PATRON



Dr. Fr. Davis George
Director, SAIT

**“Self - discipline is the
mother of success.”**

- Topsy Gift

Goals are made but no accomplishment to one's credit, as it often happens. The main reason is lack of self discipline. A tree is judged by its fruits. So also we are assessed by the outcome based projects. Mere talk will not suffice. Make SMART goals.

Discipline is the bridge between goals and accomplishment.

- Jim Rohm

A disciplined person is far more productive and successful compared to someone who lacks this quality.

Self-discipline means self-control, which gives you inner strength and a way to control yourself, actions, and reactions. It is one of the most important and useful skills to achieve success and everyone should possess this quality. Self-discipline comes naturally to some people. And some people can achieve it with some effort. The effort made is worth it as it changes life for the better. It just means exercising self-control. A person who stays in control has the ability to take charge of his/her actions and reactions.

PATRON



Dr. Renu Pandey
Principal, SAIT

**Discipline is the fuel of
achievement.**

- Soa Palelei

Self-discipline is an innate habit, which strengthens our progress and helps us to build skills from small outer rewards. Rewarding improvements in self-discipline is achieved when you have the willpower to continue building self-discipline and the ability to continue rewarding yourself.



CHIEF EDITOR

Dr. Shahida Ansari

Self Discipline is one of the keys to living to your full potential. If you can be disciplined with your daily actions you can achieve anything that you set your mind to. A great way to develop self-discipline is to make it a habit to do the things you should be doing when you feel the laziest. Every time you feel really lazy, do the opposite of what you feel like doing.

अच्छे महाविद्यालय ही
अनुशासन के निर्माता है,
सुसंस्कृत परिवार में ही
बालक अनुशासन पाता है,
अनुशासित विद्यार्थी बढ़ाते हैं
देश का मान
जो दिखाते हैं, अनुशासन हीनता
नहीं पाते हैं कहीं भी सम्मान।

EDITOR

Mr. Mohammed Asif Shah

STUDENT EDITOR

Shivali Nair

B.Com 1st Year

CRYPTO-CURRENCY

A crypto-currency is a digital currency designed to work as a medium of exchange through a computer network that is not reliant on any central authority, such as a government or bank, to uphold or maintain it. Individual coin ownership records are stored in a digital ledger, which is a computerized database using strong cryptography to secure transaction records, to control the creation of additional coins, and to verify the transfer of coin ownership. Despite their name, crypto-currencies are not considered to be currencies in the traditional sense



and while varying treatments have been applied to them, including classification as commodities, securities, as well as currencies, crypto-currencies are generally viewed as a distinct asset class in practice. Some crypto schemes use validators to maintain the crypto-currency. In a proof-of-stake model, owners put up their tokens as collateral. In return, they get authority over the token in proportion to the amount they stake. Generally, these token stakers get additional ownership in the token over time via network fees, newly minted tokens or other such reward mechanisms.

Crypto-currency does not exist in physical form (like paper money) and is typically not issued by a central authority. Crypto-currencies typically use decentralized control as opposed to a central bank digital currency (CBDC). When a crypto-currency is minted or created prior to issuance or issued by a single issuer, it is generally considered centralized. When implemented with decentralized control, each crypto-currency works through distributed ledger technology, typically a block chain, that serves as a public financial transaction database. Traditional asset classes like currencies, commodities, and stocks, as well as macroeconomic factors, have modest exposures to crypto-currency returns.

Examples of Crypto-currency

Ripple

Litecoin

Bitcoin

Ethereum

There are thousands of crypto-currencies. Some of the best known include:

■ Bitcoin:

Founded in 2009, Bitcoin was the first cryptocurrency and is still the most commonly traded. The currency was developed by Satoshi Nakamoto – widely believed to be a pseudonym for an individual or group of people whose precise identity remains unknown.

■ Ethereum:

Developed in 2015, Ethereum is a blockchain platform with its own cryptocurrency, called Ether (ETH) or Ethereum. It is the most popular cryptocurrency after Bitcoin.

■ Litecoin:

This currency is most similar to bitcoin but has moved more quickly to develop new innovations, including faster payments and processes to allow more transactions.

■ Ripple:

Ripple is a distributed ledger system that was founded in 2012. Ripple can be used to track different kinds of transactions, not just cryptocurrency. The company behind it has worked with various banks and financial institutions.

Non-Bitcoin crypto-currencies are collectively known as “ALTCOINS” to distinguish them from the original.



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CHIEF PATRON



Dr. Fr. Davis George
Director, SAIT

PATRON



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Principal, SAIT

CHIEF EDITOR



Dr. Shahida Ansari

EDITORS



Ms. Geeta Mali



Ms. Firdos Fatma
Siddiqui



Mr. Mohd Asif Shah

STUDENT EDITOR



Ms. Dolly Uikey

AZADI KA AMRIT MAHOTSAV

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

- Mahatma Gandhi

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of progressive Independent India. Through Azadi Ka Amrit Mahotsav India is celebrating the glorious history of its people, culture and achievements. It is an embodiment of all that is progressive about India's socio-cultural, political and economic identity.

Azadi Ka Amrit Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India far evolutionary journey but also hold within them the power and potential to enable the vision of Prime Minister Modi's to activate India 2.0 which is fueled by the spirit of Atmanirbhar Bharat.

From The Desk Of Student Editor

सालों से बैठी सोच रही है, इंतजार में आज़ादी,
अशिक्षा से आज़ादी और नशे से आज़ादी,
आने में इस परिवर्तन को और लगेंगे कितने दिन,
आज़ादी तो पा ली हमने, कायम रखेंगे कितने दिन।।

वंदे मातरम का गीत है हमने गाया,
न झुकने देंगे, अपने तिरंगा का साया।

अनेक संस्कृतियों का संगम हैं मेरा भारत,
गंगा और यमुना की धारों को जोड़े,
लोगों के नफरत के तारों को तोड़े,
ऐसी है इसकी रीत निराली।।

आबाद रहे मेरा वतन,
में जहाँ भी रहूँ, जिस हाल में भी रहूँ,
उस जहाँ में तू मुझे हमेशा याद रहें।।

नाम- डॉली उडके
कक्षा - बी.कॉम. तृतीय वर्ष

FACULTY ACHIEVEMENTS

Dr. Shahida Bano Ansari
Head of Commerce Department

Became the Member of Board of Studies of
Mata Gujri Mahila Mahavidyalaya

Ms. Geeta Mali
Assistant Professor
Department of Commerce

Published Paper in “ bhaasha kee loakpriyata
main vrddhike upaagam” ISBN NO. 978-93-
82331-88-9 Published Madhav Prakashan (In
St.Aloysius Institute of Technology,
Jabalpur).

Ms. Firdos Fatma Siddiqui
Assistant Professor
Department of Commerce

Published Paper in “E-Business : Issues,
Problems and Prospects” ISBN No. 978-81-
943970-0-7. Titled - E-Business and
Consumer Satisfaction.

STUDENT ACHIEVEMENT



Micheal Swami student of
B.Com II year won second
prize in Mimicry Competition
in Youth Festival 2021-22.

DEPARTMENTAL HIGHLIGHTS

The Department has introduced two Add on Courses:

- Tally and
- ITR Filling



★ ≡ JEMS OF DEPARTMENT ≡ ★



PRAGYA TIWARI
B.Com. (Tax) I Year
79.5%



SEEMA GOTHARIYA
B.Com. (Plain) I Year
82%

MERITOROUS STUDENTS



SUDHA MANDWEY
B.Com. (Plain) II Year
84.5%



AKANSHA SINGH
B.Com. (Tax) II Year
82.75%

DEPARTMENTAL ACTIVITIES

The department of Commerce works with Motto “Excellence through knowledge and skills started its academic session 2021-22 with avocation and enthusiasm.



The Department of Commerce organised online debate competition on 13th May, 2021 on the topic – Online Education And It's Impact on Students Assessment.

The department of Commerce organised debate competition on 29th November, 2021 on the topic effect of social media on teenagers.



On the occasion of Human Rights Day, Slogan Making Competition was organised in which more than 10 students participated.

The department celebrated Diwali by organising Diwali competition in which various events like Rangoli, Thali Decoration, Diya Making and Mehandi Competition were organised in which more than 25 students participated.



Online Quiz Competition was organised on 30th November, 2021.

SAKSHAM



ST. ALOYSIUS INSTITUTE OF TECHNOLOGY, JABALPUR

VOL 77, Issue 1

26 JAN' 22

DEPARTMENT OF MANAGEMENT

“CYNOSURE OF INNOVATION THROUGH KNOWLEDGE AND SKILLS”

CHIEF PATRON

Dr. Fr. Davis George
Director, SAIT

“Freedom is the open window through which pours the sunlight of the human spirit and human dignity”

Freedom is a precious gift of our Freedom fighters, Let's celebrate this Azadi ka Amrit Mahotsav together.

Azadi ka Amrit Mahotsav means the festival of completing 75 Years of Independence of the country. As we know that 15th August 1947 was the historic day when our country got freedom from the rule of Britishers.

For this freedom, many Brave freedom Fighters and leaders had sacrificed themselves. *“For to be free is not merely to cast off ones chains, but to live in a way that respects and enhances the freedom of others.”*

“The only real prison is fear and the only real freedom is freedom from fear”



PATRON

Dr. Renu Pandey
Principal, SAIT



Azadi ka Amrit Mahotsav are meant to make the

younger generation aware of the history and struggle of independence. The young generation has to be made aware of the achievements, actions, resolutions of the Country in 75 years so that it will inspire them to move forward and to realize the dreams of an independent India. Azadi ka Amrit Mahotsav is a tribute to our freedom fighters and freedom movement.



Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of progressive Independent India.

Through Azadi Ka Amrit Mahotsav India is celebrating the glorious history of it's people, culture and achievements. It is an embodiment of all that is progressive about India's socio-cultural, political and economic identity.

The official journey of “Azadi ka Amrit Mahotsav” was started on 12th March 2021 from Sabarmati Ashram when Prime Minister, Shri Narendra Modi flagged off a 75-week long festival to commemorate 75 years of India's Independence. This started a 75-week countdown to our 75th anniversary of Independence Day and this will end post a year on 15 August 2023.

Azadi Ka Amrit Mahotsav is dedicated to the people of India who have not only been instrumental in bringing India far evolutionary journey but also hold within them the power and potential to enable the vision of Prime Minister Modi's to activate India 2.0 which is fueled by the spirit of Atmanirbhar Bharat.

STUDENT EDITORIAL

I feel blessed to be writing this editorial on "Azadi Ka Amrit Mahotsav" As we head into the 76th Independence day of our Country, the hearts of every Indian out here gets pumped up with all the magical patriotism and eternal pride. It's the date when India found a new meaning of Independence aim of this Mahotsav is to remember every important moment of our freedom movement and to build the future with new energy with a view to strengthening the roots of democracy through the constitution of India. This is a festival of awakening of the National spirit, festival of fulfilling the dream of good governance, and the festival of global peace and development and pledge to create Aatmanirbhar Bharat could be realized. I convey my sincere and Best Wishes for this Holy Mahotsav.



EDITORS

Ms. Gurpreet Kaur Bansal
Ms. Shabnam Akhtar

STUDENT EDITOR

Ms. Akriti Xalxo

CHEIF EDITOR

Dr. Vasu Sharma

Head Department of Mangement

Being one of the ancient civilizations and knowledge centers in the world, Bharat lived the glory of global leadership socially, culturally, intellectually, and politically.

The greatness, identity, wealth, experience, knowledge of Bharath is incomparable to any nation on earth. We went through hardship for 200 years. We were colonized.

While the British left the country, they break this land into two pieces geographically. However, they could not break the spirit of an indivisible nation. It is intact even after 75 years of independence. Thanks to our culture.

Now, it's the time to bring back our glory. Let's make Bharath great again.



“Azadi ka Amrut Mahotsav' means the "elixir of the energy of freedom".



PUBLICATIONS

Dr. Vasu Sharma

- Paper titled “Institutional Accreditation and Excellence: Challenge and Strategies ”was published in edited book titled “Quality Education” with ISBN No.978-93-88316-91-0 published by APH Publishing Corporation, New Delhi (St. Aloysius Institute of Technology). Jabalpur.
- Paper titled “Self Reliant India Post Covid-19-Ray at the end of Tunnel” was published in edited book titled “Role of Literature in Social Reconstruction of Self- Reliant India” with ISBN No. 978-93-82-331-88-9 published by Madhav Prakashan ; Agra (St. Aloysius Institute of Technology). Jabalpur.

Ms. Shabnam Akhtar

- Paper titled “Aatmanirbhar Bharat ke vividh aayam” was published in edited book titled “Aatmnirbhar Bharat hetu Samajik punarrachna mai Sahitya ki Bhumika” ISBN No. 978-93-82331-88-9 published by Madhav Prakashan (St. Aloysius Institute of Technology). Jabalpur.
- Paper “Vartaman Shiksha Pranali me Hindi ki Upeksha ke Karan” was published in edited book titled “Hindi Sarvatra Vidhti” page no. 236 ISBN No. 978-9384899-79-0 published by Vishwa Hindi Sahitya Parishad, New Delhi (St. Aloysius Institute of Technology). Jabalpur



ACHIEVEMENTS

- Dr. Vasu Sharma was Awarded with Doctor of Philosophy at Rani Durgavati Vishwavidyalaya in 33rd Convocation Ceremony on 12th Jan’22.
- Dr. Vasu Sharma was invited as resource person in 5days workshop on Faculty Developmental Programme “Uses of Smart Classes for Betterment of Teaching & Learning experience” organised by IQAC Cell; TSS Govt. College, Naigarhi, Rewa (M.P.) from 8th Feb’21 to 12th Feb’21.
- Dr. Vasu Sharma was invited as resource person in 3 days Virtual Faculty Developmental Programme organized by St. Aloysius Institute of Technology in collaboration with St. Ann’s Educational Society, Vijaywada (A.P.)from 25th , 26th and 27th Feb’21on “How to be an efficient Councelor Guide and Mentor for students to cope up with their psychological challenges”.
- Dr. Vasu Sharma was invited as resource person in National Webinar on “Developing Entrepreneurial Mentality” organized by St. Ann’s college of Engineering and Technology, Chennai on 25th Aug’21.



DEPARTMENTAL ACTIVITIES

The Department of Management works with Motto “CYNOSURE OF INNOVATION THROUGH KNOWLEDGE AND SKILL S” and started its academic session 2021-22 with avocation and enthusiasm.

The Department of Management organised online debate competition on 13th May, 2021 on the topic – Online Education And It’s Impact on Students Assessment.



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Department of Management organised Debate competition on 29th November, 2021 on the topic “Effect of social media on teenagers”.

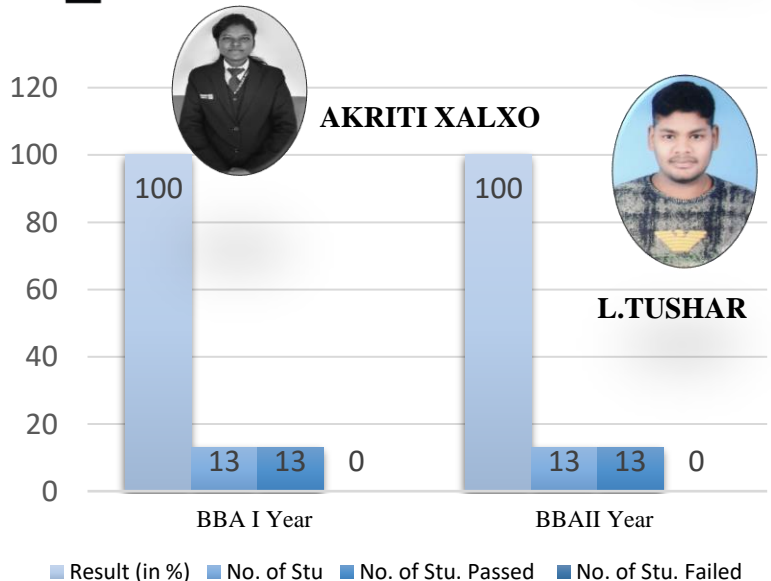


Quiz Competition was organised by the department on 30th Nov’21.

On the occasion of Human Rights Day, Slogan Making Competition was organised in which more than 10 students participated.



ACADEMIC TOPPERS



SAKSHAM

DEPARTMENT OF MANAGEMENT



ST. ALOYSIUS INSTITUTE OF TECHNOLOGY

INSIDE THIS ISSUE:

SOFT SKILLS FOR HARD WORLD STRESS MANAGEMENT

THE FOUR A's – AVOID, ALTER ADAPT & ACCEPT TO AVOID STRESS

AMAZING FACTS ON STRESS
QUESTIONS FROM CAT 2021

CAREER OPTIONS IN BBA

BEST PRACTISES OF THE DEPARTMENT

NEWS BULLETIN



CHIEF PATRON
Dr. Fr. Davis George Director, SAIT

"The greatest weapon against stress is our ability to choose one thought over another."

—William James

Worry does not empty tomorrow of its sorrow, it empties today of its strength. Just when the caterpillar thought the world was ending, he turned into a butterfly. No amount of regretting can change the past, and no amount of worrying can change the future. Never let the future disturb you. "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God... Do not let your hearts be troubled. You believe in God; believe also in me."

Fr. Davis, SAIT

PATRON
Dr. Renu Pandey
Principal, SAIT



Effective stress management helps you break the hold stress has on your life, so you can be happier, healthier, and more productive. The ultimate goal is a balanced life, with time for work, relationships, relaxation, and fun—and the resilience to hold up under pressure and meet challenges head on. But stress management is not one-size-fits-all. That's why it's important to experiment and find out what works best for you.

In the growing cooperative world everyone must have soft skills to tackle the day to day challenges that creates work stress at large for that we need to improve our stress management that which is an important soft skills that one must have to fight in this harsh world.



CHEIF EDITOR
Dr. Vasu Sharma
Head Department of Mangement

"Stress should be a powerful driving force, not an obstacle."

—Bill Phillips

Soft skills are a combination of people skills, social skills, communication skills, character or personality traits, attitudes, career attributes, social intelligence, and emotional intelligence quotients that enable employees to navigate their environment, work well with others, perform well and achieve their goals with complementing hard skills.



EDITOR
Ms. Gurpreet Kaur
Bansal



STUDENT
EDITOR
Ms. Twinkle Giri
BBA Year

HARD SKILLS

VS

SOFT SKILLS

Skills that can be taught or skills that are easy to quantify

Also known as 'People Skills' or 'Interpersonal Skills'

Planning

Communication

Problem Solving

Leadership

Budgeting

Conflict Resolution

Scheduling

Negotiation

Risk Management

Empathy

Time Management

Adaptability

Commonly known as people skills, Soft Skills mainly enables you to get along, build a rapport and work harmoniously with other people. These skills are a combination of communication skills, personality development, social skills, emotional intelligence and, of course, people skills. Soft skills training is possible, but it would not be as specific as hard skills training, where you can measure and define the skills.

Hard Skills & Corresponding Soft Skills:

1. ACCOUNTS

Introduction to Business Communication
Interpersonal Communication
Time and Negotiation Management
Presentation Skills
Number Focus
Email and Virtual Communication
Mock Interviews and CV Writing

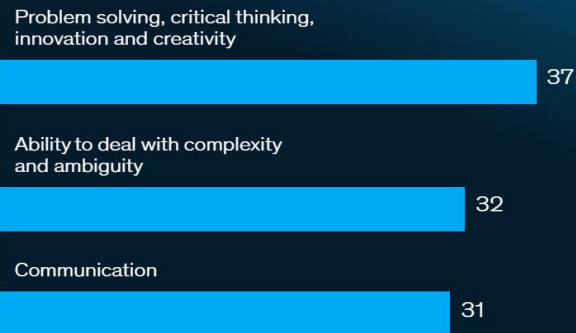
2. FINANCE

Introduction to Business Communication
Interpersonal Communication
Presentation Skills
Number Focus
Email and Virtual Communication
Mock Interviews and CV Writing

3. MARKETING

Introduction to Business Communication
Interpersonal Communication
Presentation Skills and Executive Presence
Email and Virtual Communication
Mock Interviews and CV Writing

Top three areas of missing soft skills, % of respondents



“The truth is that stress doesn’t come from your boss, your kids, your spouse, traffic jams, health challenges, or other circumstances. It comes from your thoughts about your circumstances.”
—Andrew Bernstein

THE IMPORTANCE OF MANAGING STRESS

If you’re living with high levels of stress, you’re putting your entire well-being at risk. Stress wreaks havoc on your emotional equilibrium, as well as your physical health. It narrows your ability to think clearly, function effectively, and enjoy life. It may seem like there’s nothing you can do about stress. The bills won’t stop coming, there will never be more hours in the day, and your work and family responsibilities will always be demanding. But you have a lot more control than you might think.

Effective stress management helps you break the hold stress has on your life, so you can be happier, healthier, and more productive. The ultimate goal is a balanced life, with time for work, relationships, relaxation, and fun—and the resilience to hold up under pressure and meet challenges head on. But stress management is not one-size-fits-all. That’s why it’s important to experiment and find out what works best for you. The following stress management tips can help you do that.

Practice the 4 A's of stress management

While stress is an automatic response from your nervous system, some stressors arise at predictable times: your commute to work, a meeting with your boss, or family gatherings, for example. When handling such predictable stressors, you can either change the situation or change your reaction. When deciding which option to choose in any given scenario, it's helpful to think of the four A's: avoid, alter, adapt, or accept.

- Avoid unnecessary stress
- If you can't avoid a stressful situation, try to alter it. Often, this involves changing the way you communicate and operate in your daily life.
- If you can't change the stressor, change yourself. You can adapt to stressful situations and regain your sense of control by changing your expectations and attitude.
- Accept the things you can't change

Some sources of stress are unavoidable. You can't prevent or change stressors such as the death of a loved one, a serious illness, or a national recession. In such cases, the best way to cope with stress is to accept things as they are. Acceptance may be difficult, but in the long run, it's easier than railing against a situation you can't change.

CAT 2021 QUESTIONS

Q1. The number of ways of distributing 15 identical balloons, 6 identical pencils and 3 identical erasers among 3 children, such that each child gets at least four balloons and one pencil, is

Q2. Two trains A and B were moving in opposite directions, their speeds being in the ratio 5 : 3. The front end of A crossed the rear end of B 46 seconds after the front ends of the trains had crossed each other. It took another 69 seconds for the rear ends of the trains to cross each other. The ratio of length of train A to that of train B is

[1] 3:2

[2] 5:3

[3] 2:3

[4] 2:1

Q3. For all possible integers n satisfying $2^{2.25} 2^{2.20} 2^{n+} \square + \square$, then the number of integer values of $1 \ 3 \ 3n+ +$ is:

Q4. If $\log [3 \log 4 \log (1)] 2 \ 0 \ 2 \ 3 \ 4 + + - - = \square \times \square$ then $4x$ equals

Q5. A box has 450 balls, each either white or black, there being as many metallic white balls as metallic black balls. If 40% of the white balls and 50% of the black balls are metallic, then the number of non-metallic balls in the box is

AMAZING FACTS ON STRESS

1. A little stress is good for you

Stress is a natural reaction to a threatening situation and enables us to react quickly in the face of danger. It can also help to motivate us to make positive changes in our lives and get things done. However, when we are stressed regularly, both physical and emotional symptoms can start to occur.

2. Stress can keep you from sleeping at night

Stress is one of the leading causes of insomnia, making falling asleep difficult or causing you to wake during the night. This leads to tiredness and poor concentration the following day. Try to get a good night's sleep by doing something relaxing before bed — take a warm bath or read a book. Breathing exercises are a great way to help you unwind and get a good night's sleep.

3. Stress can be successfully managed

Luckily, there are plenty of ways to keep your stress levels down. Eating a healthy, balanced diet, taking regular exercise and using various relaxation techniques can all help to reduce stress and improve your physical and emotional well-being.



Career options in BBA

1. MBA
2. CA (Chartered Accountant)
3. Government jobs like SSC, PO, banks and Indian railways
4. Start-ups / entrepreneurship
5. Marketing, Sales and Finance jobs
6. Hotel management
7. Event management
8. Teaching
9. Work in foreign Embassies

DEPARTMENT OF MANAGEMENT CONDUCTS :

INDUSTRIAL VISITS
COLLEGE ASSEMBLY
REMEDIAL CLASSES
ADD ON COURSES
VALUE EDUCATION AND BIBLE CLASSES
WORKSHOPS AND SEMINARS
GUEST LECTURE BY EXPERTS
ALUMINI ASSOCIATION



AnswerKey

ANSWER 1. 1000
ANSWER 2. 1
ANSWER 3. 7
ANSWER 4. 5
ANSWER 5. 250



- Declaration on CCE – II Exams Results
- Conduction of Parents Teacher's Meeting
- Conduction of Internships Viva of BBA I and B.Com I Year Students.