

Report on Community Living Program

Organized by: Department of Science Education

Date: 18th January 2025

Participants: B.Sc. B.Ed. 3rd Semester Students

Introduction

The Department of Science Education at St. Aloysius Institute of Technology, Gaur, Jabalpur, successfully organized a **Community Living Program** on **18th January 2025** at **Gram Deori, Patpara**, aiming to foster collaboration, social responsibility, teamwork among students. This initiative provided participants with an opportunity to engage in various enriching activities, encouraging personal and community growth.

Objectives

1. To instil a sense of social responsibility among students.
 2. To promote teamwork and collaboration.
 3. To provide hands-on experience in community-oriented activities.
 4. To enhance interpersonal and communication skills.
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Activities Conducted

The program included a variety of activities supervised by dedicated teacher in-charges. The students were divided into different groups to maximize their learning and participation. Below is a summary of the key activities:

1. Eco-Friendly Practices:

Teacher In-charge: Dr. Harkirat Kaur

Activities focused on reducing the use of plastics and promoting sustainable practices.





2. Cleanliness and Hygiene Awareness:

Teacher In-charge: Dr. Aradhana Dhanraj

Students learned the proper steps of hand washing and the importance of cleanliness.



3. Awareness of Personal Safety:

Teacher In-charge: Mrs. Seema Pathak

Sessions on safe and unsafe touch and girls' hygiene were conducted.



4. Awareness Rally:

Teacher In-charge: Mrs. Suman Mehra

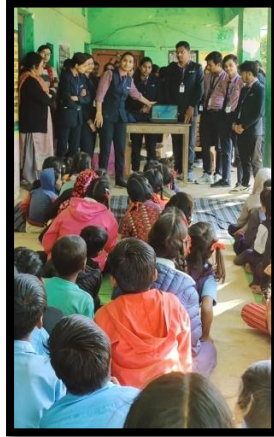
Students organized a rally to raise awareness about precautions against the HMPV virus.



5. Computer Literacy Program:

Teacher In-charge: Ms. Muskan Soni

Participants were introduced to basic computer skills to enhance their digital literacy.



6. Health Check-up:

Teacher In-charge: Mrs. Pooja Sharma

A health check-up station measured health parameters like height, weight and blood pressure.



7. Yoga Benefits:

Teacher In-charge: Mr. Ankit Kumar Tiwari

A session on the physical and mental benefits of yoga was conducted.



8. Tree Plantation Drive:

Teacher In-charge: Dr. Ruby Rai Duggal

Students actively participated in planting trees to promote environmental sustainability.



Noble Cause by the Department of Science Education:

The members of our department came together to contribute towards a noble cause by donating stationery and woollen clothes to underprivileged individuals. This heartfelt initiative aimed to provide essential resources for education and warmth during the winter season.





Outcomes

- **Enhanced Collaboration:** The activities encouraged teamwork and built camaraderie.
- **Increased Awareness:** Students gained insights into critical health, environmental, and safety topics.
- **Skill Development:** Participants developed leadership, organizational, and communication skills.
- **Community Engagement:** Activities fostered a sense of belonging and civic responsibility.

Feedback

The program received enthusiastic feedback from both participants and teacher in-charges. Students expressed a strong appreciation for the diverse activities and the opportunity to engage with real-world issues meaningfully.

Conclusion

The Community Living Program was a resounding success. It effectively combined learning, skill-building, and community service, leaving a lasting impact on the participants. Such initiatives play a crucial role in shaping socially responsible and skilled individuals.